



2007 NCAA Champions

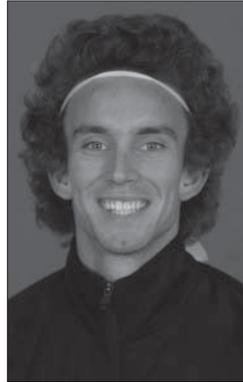
Men's Cross Country

2008 ROSTER

Name	Year	Hometown	High School / College
A.J. Acosta	RS-So.	Oceanside, Calif.	El Camino High School
David Bondi	RS-So.	Anchorage, Alaska	South High School
Bryce Bugess	Fr.	Portland, Ore.	Franklin High School
Cameron Carter	RS-So.	Greeley, Colo.	West High School
Matthew Centrowitz	So.	Arnold, Md.	Broadneck High School
Matthew Cravens	RS-So.	Portland, Ore.	Franklin High School
Eric Dettman	RS-So.	Elmhurst, Ill.	York High School
Matt Dettman	RS-So.	Elmhurst, Ill.	York High School
Vincent D'Onofrio	Sr.	Castro Valley, Calif.	Bishop O'Dowd High School / Sacramento State
Shadrack Kiptoo-Biwott	RS-Sr.	Albuquerque, N.M.	LaCueva High School / New Mexico
Kenny Klotz	Jr.	Portland, Ore.	Central Catholic High School
Chris Kwiatkowski	RS-Fr.	Bellingham, Wash.	Bellingham High School
Jeremy Liebman	RS-So.	Clackamas, Ore.	Clackamas High School
Kevin McNally	RS-So.	Albuquerque, N.M.	Eldorado High School
Jordan McNamara	RS-Jr.	Auburn, Wash.	Auburn-Riverside High School / Lane CC
Daniel Mercado	RS-So.	West Covina, Calif.	West Covina High School
Diego Mercado	Jr.	West Covina, Calif.	West Covina High School
Luke Puskedra	Fr.	Salt Lake City, Utah	Judge Memorial Catholic High School
Galen Rupp	Sr.	Portland, Ore.	Central Catholic High School
Ken Scoggin	RS-So.	Cottage Grove, Ore.	Cottage Grove High School
Isaac Stoutenburgh	RS-So.	Central Point, Ore.	Crater High School
Jonathan Thomas	RS-Jr.	Des Moines, Iowa	Roosevelt High School
Scott Wall	RS-Sr.	Portland, Ore.	Central Catholic High School
Andrew Wheating	RS-So.	Norwich, Vt.	Kimball Union Academy
Chris Winter	RS-Sr.	North Vancouver, B.C.	Handsworth High School

MEN

MEN'S PROFILES



All-American
2008 1,500 Meters
2008 Mile (i)
2007 Mile (i)
2008 U.S. Olympic Trials

A.J. Acosta

RS-Sophomore
Oceanside, Calif. / El Camino High School

Pac-10 Newcomer of the Year looks to build on terrific 2007-08 season that saw him earn a pair of All-America awards (indoor mile, outdoor 1,500m), break the legendary Steve Prefontaine's school record for the indoor mile (3:58.52) and compete in the 2008 U.S. Olympic Team Trials (1,500m). UO's first runner to compete in both NCAA indoor mile and outdoor 1,500m events the same year -- something he's done twice now. Ran fastest indoor mile nationally among collegiate freshmen in 2007 (4:00.37). Also a two-time U.S. junior champion in outdoor 1,500m - only the third ever to repeat the feat in the event.

2007: Pac-10 Newcomer of the Year (Cross Country). All-American (1,500 Meters, Mile). In first cross country season, was one of nation's top freshmen and a consistent contributor for the national champion Ducks with top-six team finishes in his last five races of the year. Was the top freshman in the Pac-10 Championships (12th, 23:24), and was named to the All-West Region team.

2006-07: All-American (Mile). Outdoors on track, earned NCAA at-large invitation in 1,500m after he ranked second for team in the Pac-10 Championships (fifth, 3:48.30) and West Regional (ninth, 3:48.43). Sped to a 6.26-second season best in April's Oregon Invitational (3:42.40) that was the second-fastest time nationally by a freshman and tops overall on the team. Closed outdoor season by defending his USA Junior Championships 1,500m title (3:49.53). In July, finished second in Pan American Junior Championships, only .01 seconds behind UO teammate Matthew Centrowitz. Indoors, made second-ever NCAA mile appearance by a Duck. Ranked eighth among collegians in mile at indoor regular season's end with personal best from Husky Last Chance Qualifier (4:00.37). Also was an NCAA provisional qualifier in both of his 3,000m races, and his personal best (8:02.80) was only 0.74 seconds shy of UO's fifth-fastest all-time indoors. In early March, ran 1,600m anchor leg on indoor school record distance medley relay at Alex Wilson Invitational (9:37.95). Redshirted in cross country.

Prep: All-American. Won 2006 U.S. Junior Championships 1,500m (3:45.95) to earn a spot on U.S. Junior World Championships team, where he finished 18th at the IAAF World Junior Championships. Ran 1,500m personal best as senior in Oregon Twilight in Eugene (3:45.73) in early May. In summer, ran personal best in San Diego (4:03.96) for another prep season leader. In senior fall campaign, won the 2005 Foot Locker Cross Country Championships after he placed ninth as a junior. Won California state cross country title as senior, and was second as a junior. On the track in 2006, won state 1,600m (4:04.95) and was second in 3,200m (8:59.15). Was also a state qualifier in the 1,600m and 3,200m as a junior and senior, and also in the 1,600m as a sophomore. Tabbed Track and Field News Runner of the Month in December 2005 after his Foot Locker win.

Personal: Economics major.

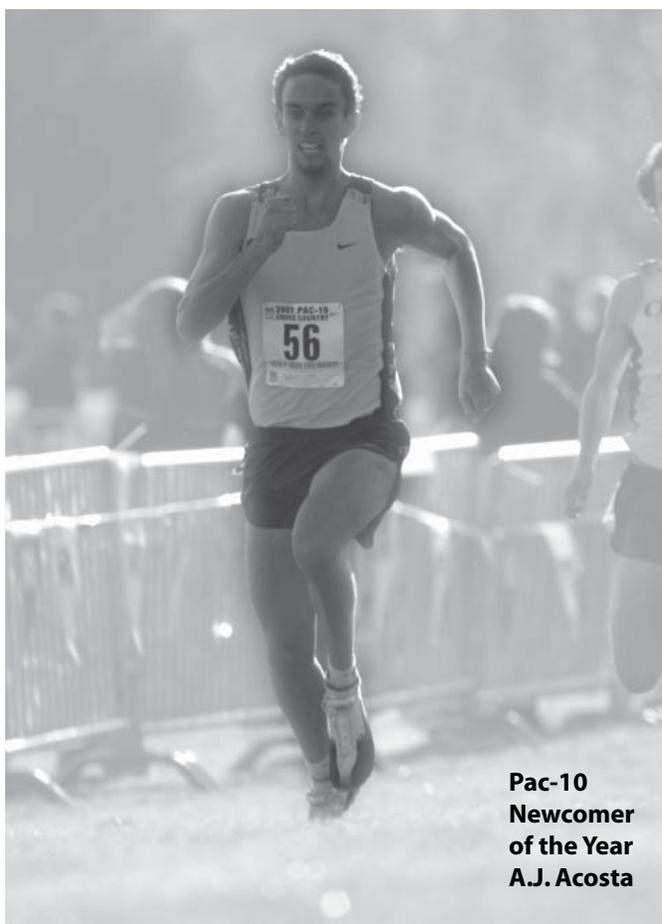
Bryce Burgess

Freshman
Portland, Ore. / Franklin High School

State 6A cross country and 3,000 meter champion is the next in a long line of talented Oregon natives running for the Ducks.

Prep: Was the 2007 Oregon 6A state 3,000-meter champion as a junior (8:47.18) before capturing the 2007 6A state cross country crown in the fall. The state's 2007 Gatorade Boys Cross Country award recipient also finished third in the 1,500 meters (3:59.80) at the 2007 state high school track championships. Season best of 3:59.57 in the 1,500 ranked third in the state's class 6A, while his 3,000-meter best of 8:41.63 led the state encompassing all classifications. As a sophomore, finished seventh in the 4A state meet 3,000 with a time of 8:51.19.

Personal: Major is undeclared.



**Pac-10
Newcomer
of the Year
A.J. Acosta**



Matthew Centrowitz

Sophomore
Arnold, Md. / Broadneck High School

A member of the Ducks' talented sophomore class who posted a top-30 finish at the Pac-10 meet as a freshman. Won the 5,000 meters at the 2008 Junior Outdoor Track & Field Championships. Was one of the nation's most highly recruited distance runners as a prep senior.

2007: Competed in two cross country races for Oregon. Claimed top-30 finish in Pac-10 Championships as a true freshman (27th, 23:46). Opened collegiate career in late September in Bill Dellinger Invitational. Redshirted in track for the 2008 season.

Prep: Finished eighth in the 2006 Foot Locker National Cross Country Championships as a senior. Earlier in the fall season, he placed fifth in the Foot Locker Northeast Regional and won his third Maryland 4A state cross country title. On the track, won the 2007 Pan American Junior Championships 1,500m title (3:56.63) over Duck teammate A.J. Acosta by .01 seconds, two weeks after they reversed their places and were .01 seconds apart in the USA Junior Championships (3:49.53/3:49.54). In mid-June, Centrowitz won the 2007 Nike Outdoor Nationals 2-Mile (8:41.55) in the third-fastest time in prep history. Two weeks before, he ran a mile best (4:03.40) in the Reebok Grand Prix. As a junior in the spring of 2006, he won the Penn Relays 3,000m in a personal best (8:20.09) with a time that ranked him second on the national season best list. At the state level, he won the 1,600m title as a senior (state meet record 4:04.09) and 3,200m title as a junior (9:13.68), and also placed top five as a sophomore (second) and freshman (fourth).

Personal: Pre-business administration major. His father Matt Centrowitz was a two-time Olympian and All-America distance runner for Oregon.

WOMEN

2007 NCAA
National
Runner-up



2007 NCAA
West Regional
Runner-up



2007 Pac-10
Runner-up



2007 Bill
Dellinger
Invitational
Champions



2007 All-Americans
Nicole Blood
Alexandra
Kosinski



2007 NCAA
West Regional
Runner-up
Nicole Blood



2007 Bill
Dellinger
Invitational
Champion
Nicole Blood



2007 Pac-10
Newcomer
of the Year
Alexandra
Kosinski

MEN

2007 NCAA
National
Champions



2007 NCAA
West Regional
Champions



2007 Pac-10
Champions



2007 Bill
Dellinger
Invitational
Champions



2007 Pac-10 and
National Coach
of the Year
Vin Lananna



2007 All-Americans
Kenny Klotz

Daniel Mercado

Diego Mercado

Shadrack

Kiptoo-Biwott

Galen Rupp



2007 NCAA
West Regional
Champion
Galen Rupp



2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



Eric Dettman

RS-Sophomore
Elmhurst, Ill. / York High School

The former 2006-07 USA Junior Outdoor Championships competitor and his twin brother Matt add to Oregon's tremendously deep sophomore class.

2007: One of the top newcomers for the NCAA cross country champions. Raced four contests for Ducks. Stood top-seven on squad in the season opener, the Sunriver Open (11th, 19:56) and the regular season finale, the Beaver Classic (14th, 25:14). Also competed in the Mike Hodges Invitational (19th, 20:07) and Dellinger Invitational.

2006-07: Redshirted track and field and cross country seasons and competed in various area races. Outdoors on track, competed unattached in the 1,500m, 3,000m and 5,000m. Ran personal bests of 3:51.79 for the 1,500 meters in the Road to Eugene 08 invitational and 14:54.19 for the 5,000 meters at the Stanford Invitational. Also competed in the 5,000 meters at the USA Junior Championships. In cross country, competed unattached in one race, the Mike Hodges Invitational (10th, 19:35).

Prep: With twin brother Matt, helped his team win four state cross country team crowns. Took eighth in 2005 Nike Team Nationals in Portland as his team finished second, and was 29th in 2004 and helped squad win title. Was a four-time state track placer as a senior (1,600m, sixth, 4:16.06, 3,200m, second, 9:15.86; 4x800m, second, 7:41.81) and junior (3,200m, second, 9:17.79). Ran on winning distance medley relay in 2006 Nike Outdoor Nationals.

Personal: Pre-education major.



Matt Dettman

RS-Sophomore
Elmhurst, Ill. / York High School

The former 2006-07 USA Junior Outdoor Championships competitor and his twin brother Eric add to Oregon's tremendously deep sophomore class.

2007: Was among the top freshmen for the national champion Ducks. Competed in four events and ranked top-three in seven of them. Scored in Ducks' fifth spot in the Sunriver Open (seventh, 19:29) and Beaver Classic (12th, 25:14). Also raced for squad in the Mike Hodges Invitational (14th, 19:57) and Dellinger Invitational.

2006-07: Redshirt. Raced unattached twice in cross country in the Willamette Invitational (eighth, 24:41) and Mike Hodges Invitational (27th, 20:09). Outdoors on track, competed unattached in the 1,500 meters and 5,000 meters and three of his 1,500m races were sub-3:53.00, including his personal best at the Prefontaine Classic 'B section' (third, 3:50.56). Capped season with appearance in USA Junior Championships final (11th).

Prep: Teamed with twin brother Eric to help squad win four 2A state cross country team titles. Was a three-time top-20 state finisher (seventh - 2005, second - '04, 20th - '03). Finished fourth in 2004 Nike Team Nationals to earn Foot Locker invitation, and added 12th in 2005, while team won and took second, respectively. State track placer as a senior (1,600m, eighth, 4:16.11) and junior (1,600m, second, 4:15.42; 4x800m, first, 7:51.59). Ran on winning distance medley relay in 2006 Nike Outdoor Nationals.

Personal: Pre-business administration major.



All-American
2007 Cross Country
2004 Cross Country

Shadrack Kiptoo-Biwott

RS-Senior

Albuquerque, N.M. / LaCueva High School / New Mexico

Defending Pac-10 cross country individual champion returns for his final season. The league's Athlete of the Year for cross country leads an impressive group of five All-Americans returning for the defending national champion Men of Oregon in 2008.

2007: All-American/Pac-10 Athlete of the Year (Cross Country). Claimed second All-America honor by placing ninth (29:57) in his third NCAA trip. Was named the Pac-10 Athlete of the Year for winning his first Pac-10 title (22:55) and leading the Ducks to the team championship. Two weeks later, helped the Ducks repeat as the NCAA West Region champions with a third place finish (30:04).

2006-07: NCAA Qualifier (10,000m). In his first track season in the UO uniform, capped season with strong NCAA 10,000m debut (ninth, 29:13.43). A month earlier, helped team win Pac-10 Championship with top finishes in 10,000m (third, 29:11.66) and 5,000m (seventh, 14:17.02). Earlier in outdoor season, ran NCAA provisional mark in 10,000m career debut in Stanford Invitational (29:00.52). He did not compete indoors. Chosen to All-Pac-10 First Team for his sixth-place Pac-10 Championships finish and helped team win its 14th Pac-10 Championship. Also scored for Ducks in championship slate in the West Regional and NCAA Championships as squad finished first and fifth, respectively.

2005-06: Redshirted. Competed unattached in three West Coast outdoor meets. Clocked a two-second personal best in 5,000m in Stanford Invitational (fifth, 13:55.18). In mid-April, kicked to win in Bill McChesney Jr. Memorial Twilight Mile in the Oregon Invitational (4:04.94). Did not race cross country.

2004-05: All-American (Cross Country). Outdoors, earned All-Mountain West Conference all-league honors for University of New Mexico in the 800m (third, 1:50.76) and 1,500m (second, 3:52.87). Owned outdoor season bests in the 800m (1:50.76), 1,500m (3:46.53) and 5,000m (14:03.32). Indoors, scored for squad in Mountain West Championships in mile (sixth) and also led off runner-up distance medley relay. In cross country, earned All-America honors in NCAA Championships (14th, 31:17) as New Mexico finished ninth as a team. In Mountain West Conference Championships, won the individual title (24:44) and helped team to third place.

Prep: All-American. As a senior, led the U.S. in the 2-mile (8:45.44) with his winning time from the 2004 Outdoor Championships in Raleigh, N.C. - also the ninth-fastest time in U.S. prep history. Three weeks later, ran a mile personal best (4:02.65) in Portland, and ranked second nationally. As a senior in cross country, finished third in the 2003 Foot Locker Cross Country Championships after he won the West Regional by three seconds. Won 2003 5A state cross country title by almost 1 1/2 minutes. Previously attended Kapenguria High School in Kenya where he also won the Kenyan national high school 1,500m title.

Personal: Sociology major. Minor in business administration. Lived in Albuquerque in high school with his uncle Simon Sawe, a professional runner. Originally from Eldoret, Kenya, and speaks English and Swahili. His older brother, Duncan Kibet, won the 2006 San Jose Half-Marathon in 1:00.22 - the second-fastest time ever on U.S. soil.



**2007 Pac-10
 Champion
 Shadrack
 Kiptoo-Biwott**

WOMEN

2007 NCAA
 National
 Runner-up

♦
 2007 NCAA
 West Regional
 Runner-up

♦
 2007 Pac-10
 Runner-up

♦
 2007 Bill
 Dellinger
 Invitational
 Champions

♦
 2007 All-Americans
 Nicole Blood
 Alexandra
 Kosinski

♦
 2007 NCAA
 West Regional
 Runner-up
 Nicole Blood

♦
 2007 Bill
 Dellinger
 Invitational
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♦
 2007 Pac-10
 Newcomer
 of the Year
 Alexandra
 Kosinski

MEN

2007 NCAA
National
Champions



2007 NCAA
West Regional
Champions



2007 Pac-10
Champions



2007 Bill
Dellinger
Invitational
Champions



2007 Pac-10 and
National Coach
of the Year
Vin Lananna



2007 All-Americans

Kenny Klotz
Daniel Mercado
Diego Mercado
Shadrack
Kiptoo-Biwott
Galen Rupp



2007 NCAA
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Champion
Galen Rupp



2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



All-American
2007 Cross Country

Kenny Klotz

Junior

Portland, Ore. / Central Catholic High School

Returns for junior season in 2008 as one of five All-America cross country runners among the talented Oregon contingent. Helped Oregon win its second straight Pac-10 track title by finishing second in the 10,000 meters and sixth in the 5,000. An NCAA West Regional qualifier in the 5,000. Made a name at the national level with USA and Pan American Junior titles in the 10,000m, and USA Junior runner-up finishes in the 5,000m and cross country. Established himself as a national-caliber collegiate cross country runner in fall of 2007 and was an All-American, All-Region and All-Pac-10 honoree.

2007: All-American (Cross Country). As a sophomore, shined as one of the most reliable runners on the Pac-10, West Regional and NCAA Champion team. One of three runners, along with Galen Rupp and Shadrack Kiptoo-Biwott, to finish top-five for UO in every appearance. Took 37th (30:36) in second NCAA Championships trip and was one of five All-Americans for UO. In weeks prior was an All-Pac-10 Second Team pick and 13th overall in the Pac-10 Championships (23:25), and improved to 12th in the West Regional (30:27) two weeks later.

2006-07: Pac-10 scorer (10,000m)/U.S. Junior Champion (10,000m). Donned UO jersey for first time on track in early May and ran 5,000m regional qualifier in Oregon Twilight. Came back following week to score in Pac-10 Championships in his 10,000m debut (eighth, 29:50.26), and next day finished ninth in the 5,000m. A month later in USA Outdoor Junior Championships, won 10,000m the day after he finished second in the 5,000m. Capped track season in early July with Pan American junior title in the 10,000m. Did not race indoor track as he competed in the USA and World Junior Cross Country finales. In winter of 2007, led Americans in World Junior Cross Country Championships (56th, 27:11) in Mombasa, Kenya, a month after he finished second in the USA Junior Cross Country Championships. In fall cross country slate, earned All-Region honors in West Regional (19th), then followed with his NCAA debut. Ran on victorious Pac-10 team squad.

Prep: In Foot Locker Championships, placed fourth as a senior in 2005 and 24th as a junior in 2004. Was the first two-time harrier of the Oregon-Washington Border Clash as a senior and junior. Placed sixth in the 2004 Foot Locker West Regional as a junior, and won the 2005 Nike Team Nationals in Portland, Ore. Won Oregon 4A state cross country titles as a senior and junior, and was 17th as a sophomore. In state track finals, he won the 1,500m and 3,000m as a senior (3:55.23/8:18.35), and was second in 2005 in the 1,500m and 3,000m (3:54.36/8:21.24), and third in the 3,000m as a freshman in '03 (8:54.60). As a senior, led the nation in the 3,000m (8:18.35), and ranked top-10 in 1,500m (second, 3:49.99) and 1,600m (10th, 4:11.02).

Personal: Journalism major.



Chris Kwiatkowski

RS-Freshman

Bellingham, Wash. / Bellingham High School

One of the Pacific Northwest's top distance prospects redshirted last season. As a prep senior was the Washington state 3,200m champion and cross country runner-up. Oregon-Washington Cross Country Border Clash veteran.

2007: Redshirted cross country and outdoor seasons.

Prep: As a senior in 2007 won Washington 2A state 3,200m (9:05.88) and placed third in 1,600m (4:16.58) with personal bests in each race. Also placed in 3A state track meet as a junior (1,600m, second, 4:17.52) and sophomore (1,600m, 10th; 3,200m, fourth). In cross country as a senior, finished second in Washington 2A state championships, and 23rd in Border Clash. Also placed in 3A state meet as junior (fifth), sophomore (34th) and freshman (25th).

Personal: Human physiology major.



2008 U.S. Olympic Trials

Jordan McNamara

RS-Junior

Auburn, Wash. / Auburn-Riverside High School / Lane CC

2008 U.S. Olympic Trials and NCAA West Regional qualifier in the 1,500 meters. Yet another member of the Ducks' deep distance corps who posted impressive marks at Lane Community College. Joined the program in the spring of 2008.

2006-07: Competing for Lane Community College, finished 13th (10,000m, 30:55) in USA Club Cross Country Championships after he won NWAACC cross country title. On track in 2007, won conference 1,500m, 5,000m and 10,000m titles. During season, he ran personal bests in the 800m (1:52.29), 1,500m (3:41.13), 5,000m (14:09.01) and 10,000m (29:36.33).

2005-06: As a freshman, competed in cross country for University of Washington and ran at the NCAA Championships (224th), Pac-10 (54th) and West Regional (51st). Owned an indoor 5,000m track best of 14:17.19 from 2006 Last Chance Qualifier. Did not compete in the outdoor season.

Prep: Placed third in Washington state championships as senior in 2005 in 1,600m (4:16.6) and 3,200m (9:19). Owned prep bests in 1,600m and 3,200m of 4:15.17 and 9:05.32.

Personal: Political science major.



**All-American
2007 Cross Country**

Daniel Mercado

RS-Sophomore

West Covina, Calif. / West Covina High School

One of five returning All-Americans for Ducks in cross country who helped UO to its fifth NCAA team title at the end of an undefeated season. Also contributed to Oregon's 2008 Pac-10 track & field championship, scoring points in the 10,000 meters. As a prep, was a Foot Locker Championships qualifier as a senior and USA Junior Championships 5,000m qualifier.

2007: All-American (Cross Country). In debut cross country season, scored in four of his five races. Overcame fall in second mile of NCAA finale to earn his first All-America honor and complete the scoring for the Ducks. Also scored for team as its second finisher in the Sunriver Open (third, 19:26), and its fourth runner in the Dellinger Invitational (15th, 23:53) and West Regional (15th, 30:33).

2006-07: Redshirted outdoor and indoor track and cross country seasons. Competed unattached in four track races outdoors in the 1,500m and 5,000m. Clocked one of the fastest times by a collegiate freshman with his personal best in the Oregon Invitational 5,000m (10th-section, 14:15.46). In cross country, raced unattached twice, in the Willamette Invitational (fourth, 24:15) and Mike Hodges Invitational (ninth, 19:22).

Prep: Led preps indoors in 5,000m in 2006 (14:47.72). Capped senior cross country season with eighth-place finish in 2005 Foot Locker Championships after he took sixth place in West Regional and sixth in California state meet. In state track meet placed third in 3,200m as junior (9:09.15) and was sixth as a senior (9:20.35). Took seventh in 2005 USA Junior Championships 5,000m. His twin brother Diego is also a Foot Locker veteran and a 2006 USA Junior Championships 10,000m winner.

Personal: Psychology major.

WOMEN

2007 NCAA
National
Runner-up

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West Regional
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2007 Bill
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2007 All-Americans
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2007 Pac-10
Newcomer
of the Year
Alexandra
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MEN

2007 NCAA
National
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2007 Pac-10 and
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2007 All-Americans

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2007 NCAA
West Regional
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Galen Rupp



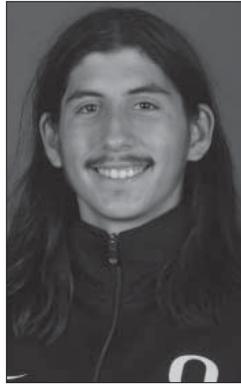
2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



All-American
2007 Cross Country
2006 Cross Country

Diego Mercado

Junior

West Covina, Calif. / West Covina High School

One of five returning cross country All-Americans who helped Oregon claim the 2008 NCAA title. Key performer in the 2008 outdoor season, helping the Ducks win their third straight Pac-10 championship by scoring points in both the 5,000 meters (second) and 10,000 meters (fifth).

2007: All-American (Cross Country). Shined against the nation's finest distance runners, finishing 30th in 30:27 and was one of five All-Americans for UO. Also scored for Ducks in the Dellinger Invitational (16th, 23:53) and helped team beat seven returning NCAA team qualifiers, including the then top-ranked team. Opened postseason with his second Pac-10 trip and helped team to the Pac-10 Championship title for the second year in a row.

2006-07: All-American (Cross Country). Became first Duck freshman All-American in cross country (49th, 31:57) since 1999. Was the Pac-10 Newcomer of the Year for placing ninth in the Pac-10 Championships (23:39) and was also the top freshman in the NCAA West Regional (11th, 30:34). Also placed top-10 in the Bill Dellinger Invitational (seventh, 23:36). Did not compete in outdoor and indoor track.

Prep: Two-time Foot Locker Cross Country Championships qualifier and took 11th place as senior in 2005. Won 2006 USA Junior Championships 10,000m as a senior (31:36.35), and also competed in 5,000m in 2005 (third, 14:25.89) and 2004 (seventh). In California state meets, was a two-time cross country qualifier (sixth in 2004, 13th in '03) and on the track in the 3,200m in 2006 and 2005 (third).

Personal: Pre-business administration major.

Luke Puskedra

Freshman

Salt Lake City, Utah / Judge Memorial Catholic High School

Top five finisher from the 2007 Foot Locker National Cross Country Championships brings tremendous running credentials into his first season in Eugene. Utah state prep champion in track (1,600m, 3,200m) as well as cross country.

Prep: Claimed Utah 3A state track championships in the 1,600m and 3,200m as a prep junior and the 2007 state cross country crown as a senior before placing fifth at the 2007 Foot Locker National Cross Country Championships. He turned in the top high school mile time in the country (4:08.77) at the time in the 2008 Reebok Boston Indoor Games before he was clocked in one of the fastest prep 2-mile times in U.S. history in winning the Nike Indoor Nationals in 8:49.58. The two-time Utah Boys Gatorade Player of the Year recipient (2007 track and 2007 cross country) had posted the state's fastest 2-mile mark of all time in the 2007 state meet (9:04.6) after finishing fourth in the Penn Relays high school boys mile in 4:25.11. He also has posted a personal best at 1,600 meters of 4:10.58.

Personal: Major is undeclared.



All-American

2007 Cross Country

2007 10,000 Meters

2007 3,000 Meters (i)

2007 5,000 Meters (i)

2006 Cross Country

2006 3,000 Meters (i)

2006 5,000 Meters (i)

2005 10,000 Meters

2008 U.S. Olympic Trials

Silver Medalist (10,000 Meters)

2008 Olympian

Galen Rupp

Senior

Portland, Ore. / Central Catholic High School

One of the greatest distance runners in UO history led Oregon to the 2007 NCAA Cross Country championship before redshirting the 2008 track season to focus on the U.S. Olympic Team Trials, where he qualified for his first Olympic Games by finishing second in the 10,000 meters (27:43.11) at Historic Hayward Field. Earned All-America status for his runner-up finish (29:24) at the 2007 NCAA cross country meet. It was the eighth All-America award of his running career at Oregon. Was the 2007 NCAA West Regional individual champion (29:36). Finished second (22:59) to teammate Shadrack Kiptoo-Biwott at the 2007 Pac-10 Championships. 2007 World Championships 10,000m qualifier and U.S. runner-up. American collegiate 10,000m record holder (27:33.48). Two-time NCAA 10,000m runner-up and UO record-holder in the event. 2006 Pac-10 Men's Cross Country Athlete of Year. Overall owns six career All-America awards in track and two in cross country.

2007: All-American (Cross Country). 2008 U.S. Olympic Team Trials participant. Ran in three races in the fall: the Pac-10, NCAA West Regional and the NCAA Championships, finishing first once and second in the other two events. Opened up at the Pac-10 Championships where he help Oregon win the team title with a runner-up finish (22:59) to teammate Shadrack Kiptoo-Biwott. Was the individual champion at the NCAA West Regional (29:36) in leading the Ducks to the team crown. Ran second at the NCAA Championships (29:24), leading five Oregon All-Americans across the finish line as the Men of Oregon won their first cross country national championship since 1977. Earned All-America honors for the second time in cross country and the eight-time overall in his UO running career. Redshirted the 2008 track season to concentrate on the Olympic Trials.

2006-07: World Championships Qualifier (10,000m). All-American (Cross Country / Track). Placed sixth in the NCAA Cross Country Championships — the 20th Duck to finish top 10 in the event. Overall, led team in all five of his races with Oregon's 10th Pac-10 individual cross country title and another win in the Mike Hodges Invitational (23:03.2), and top-five finishes in Bill Dellinger Invitational (second) and West Regional (fourth). Outdoors on track, became UO's 14th World Championships men's distance qualifier. Earlier in postseason, claimed second NCAA 10,000m runner-up placing (28:56.19), staked UO's second-ever Pac-10 5,000m-10,000m double in same season, and won West Regional 5,000m. During season, broke the UO 10,000m record once held by Bill McChesney, Jr. (27:50.82, 1982). Also ranked fourth outdoors among collegians in '07 in 5,000m (13:30.49) and sixth all-time for UO. Indoors, became first Duck to stake four individual All-America honors in his career with his finishes in the NCAA 3,000m and 5,000m (fourth, 7:56.79 / third, 13:40.38). During season, ran school records in 3,000m and 5,000m and ranked top five nationally among collegians in each (fifth, 7:54.19 / third, 13:38.62). Repeat Pac-10 and National All-Academic Track and Field First Team selection.

2005-06: NCAA All-American (Track). In cross country, led team in both of his races — the Willamette Invitational (sixth) and Pre-NCAA Invitational (12th) where he suffered a minor injury. In NCAA Indoor Championships earned All-America laurels with top-six placings in 5,000m (fifth) and 3,000m (sixth). During regular season, his NCAA indoor automatic qualifying marks in the 5,000m (13:48.51) and 3,000m (7:54.90) then ranked first and third in school history. Outdoors, scored top-four finishes in the Pac-10 Championships 5,000m and 10,000m (third / second). Earned NCAA outdoor 5,000m invitation after he placed third in the West Regional. Pac-10 and National All-Academic Track and Field First Team selection.



**NCAA West
Regional Champion
Galen Rupp**

WOMEN

2007 NCAA
National
Runner-up

2007 NCAA
West Regional
Runner-up

2007 Pac-10
Runner-up

2007 Bill
Dellinger
Invitational
Champions

2007 All-Americans
Nicole Blood
Alexandra
Kosinski

2007 NCAA
West Regional
Runner-up
Nicole Blood

2007 Bill
Dellinger
Invitational
Champion
Nicole Blood

2007 Pac-10
Newcomer
of the Year
Alexandra
Kosinski

MEN

2007 NCAA
National
Champions



2007 NCAA
West Regional
Champions



2007 Pac-10
Champions



2007 Bill
Dellinger
Invitational
Champions



2007 Pac-10 and
National Coach
of the Year
Vin Lananna



2007 All-Americans

Kenny Klotz
Daniel Mercado
Diego Mercado
Shadrack
Kiptoo-Biwott
Galen Rupp



2007 NCAA
West Regional
Champion
Galen Rupp



2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



2004-05: NCAA All-American (Track). During the outdoor track and field season, was team's high point scorer in the Pac-10 (5,000m, fourth, 13:57.43; 10,000m, second, 29:28.09) and NCAA Championships (10,000m, second, 28:23.75) and helped UO to the Pac-10 team title and a ninth-place NCAA effort. Took second in 1,500m in USA Junior Championships (3:47.47) and fourth in Pan American Junior Championships (3:50.96). In between those races, ran 1,500m / 3,000m double in the Einlauf meet in Germany in July (PR 3:44.39 / 8:04.62). A week later broke the U.S. junior 3,000m record in Lignano, Italy (7:49.16).

Before Oregon: Led U.S. squad in 2005 World Junior Cross Country Championships (20th) in France in mid-March after he won the U.S. junior title in mid-February.

Prep: Claimed second in the 2003 Foot Locker Cross Country Championships as a senior (14:57). Won state cross country titles as a senior (14:55) and junior (14:56), and took sixth as a sophomore. Track and Field News Boys Athlete of the Year as a senior in 2004. As senior, ran state 1,500m record (3:45.3) en route to mile best (4:01.8). Also in '01, led U.S. prep rankings in the mile (4:01.8), 3,000m (prep record 8:03.57) and 5,000m (U.S. junior record 13:37.91) and ranked second in the 1,500m (3:45.3). In 4A state meet as a senior, won the 1,500m (3:49.76) and 3,000m (8:22.00). Also scored in state meet as a junior in 1,500m (second, 3:53.58) and 3,000m (first, 8:14.36), and as a sophomore in 1,500m (eighth, 3:59.68) and 3,000m (third, 8:37.36). Trained under former Duck distance great Alberto Salazar (UO '81).

Personal: Business major.

Isaac Stoutenburgh

RS-Sophomore

Central Point, Ore. / Crater High School

Gifted steeplechaser is one of the more versatile athletes on the team. Capable of running any distance from 1,500 to 10,000 meters. 2008 NCAA West Regional qualifier in the steeplechase. Ran on UO's victorious Pac-10 cross country team in 2006. Is a three-time veteran of the USA Outdoor Junior Championships, and was also a top-15 finisher in the 2006 USA Junior Cross Country Championships.

2007: Redshirted cross country season, and shined in his two races as an unattached entrant. Crossed the line first in the Beaver Classic (24:10) with Duck teammate Patrick Werhane. Added runner-up finish in the Willamette Invitational (23:59).

2006-07: USA Junior Championships competitor (Cross Country/10,000m). Redshirted track seasons and competed unattached. In the fall, wore Duck jersey in cross country and was one of UO's top true freshmen. At end of spring, made third appearance in USA Outdoor Junior Championships, finishing seventh in the 10,000m. Early in outdoor season ran 5,000m personal best in Stanford Invitational 5,000m. Did not race indoors and opted instead to race in the USA Junior Cross Country Championships and was second Duck finisher (14th, 26:51). In fall cross country slate, competed on victorious UO squads in both of his appearances, the Pac-10 Championships and Bill Dellinger Invitational.

Prep: Foot Locker Cross Country Championships qualifier as a senior. Three-time Oregon 4A state cross country qualifier, and placed second as a senior and 11th as a junior. In the 4A state track meet, he placed top-five as senior in the 1,500 (fourth, 3:59.73) and 3,000 meters (third, 8:36.45), and finished fourth in both races as a junior (3:55.97/8:55.97). In '05 national rankings he ranked third in the 5,000m (14:38.23), 10th in the 1,500m (3:53.99) and 17th in the 3,000m (8:30.74). Ran impressive doubles in USA Junior Championships in 2006 (1,500m, 10th, 3:55.81; 10,000m, 12th) and 2005 (5,000m, fifth, 14:38.23; 1,500m (ninth, 3:53.99).

Personal: Economics major.



Jon Thomas

RS-Junior

Des Moines, Iowa / Roosevelt High School

Long distance specialist (5,000, 10,000) returns for his fourth year in the program. Was a Pac-10 scorer in cross country as a freshman.

2007: Two appearances for the cross country team including a team-best second place finish (19:24) at the season-opening Sunriver Open. Also ran in the Bill Dellinger Invitational. Redshirted 2008 track season.

2006-07: Pac-10/Regional Qualifier (5,000m). Made Pac-10 Championships debut in 5,000m, and ended outdoor season ranked fifth for the Ducks in the 5,000m and 10,000m. During the winter season placed third in the Mountain Pacific Championships. In his first collegiate indoor mile, ran a personal best in the mile. Redshirted cross country season.

2005-06: In fall, stood third on harrier team in the Pac-10 Championships (24th), and ranked sixth on unit in West Regional and seventh in the Pre-NCAA Invitational.

Prep: As a senior in '05, he ran a mid-season 3,200m personal best of 9:09.85 for the 12th best all-time in Iowa history. Soon after, ran slightly faster to win the Midwest Distance Gala 2-Mile in Illinois (9:07.53) and ranked 16th nationally and fourth in state history. As a prep, was an Iowa state cross country champion and three-time top-10 finisher, and his team won titles in 2002 and '03 and was second in '04. Foot Locker Midwest competitor. Added state 3,200 meters runner-up finishes as a junior and senior also took third in the 1,600m as a senior. Owned senior best in 1,600m of 4:14.

Personal: Political science major. His father Mark Thomas was an NCAA distance event qualifier for Drake University.



Scott Wall

RS-Senior

Portland, Ore. / Central Catholic High School

Fifth year runner has seen consistent improvement during his Oregon career. 2008 NCAA Regional qualifier in the 5,000 meters. Has a pair of Pac-10 top-eight finishes in the 5,000. Four-time Pac-10 All-Academic selection in track and cross country combined.

2007: All-Pac-10 Second Team (Cross Country). Was one of six Ducks that placed top-14 in the Pac-10 Championships (11th) and ranked third for the Pac-10 champion squad. Two weeks later, finished top-20 overall in the West Regional (16th), scoring for the team as the Ducks repeated as NCAA West Region champions. Capped season with NCAA debut for the NCAA Champions. Pac-10 All-Academic Cross Country First Team selection.

2006-07: Regional Scorer (5,000m)/Pac-10 Scorer (10,000m)/NCAA Provisional Qualifier (3,000m). Placed sixth in his 10,000m event debut in the Pac-10 Championships (29:23.84) and helped Oregon win third league team title in five years. Came back two weeks later to score in West Regional debut, then two weeks later ran 1,500m personal best in Prefontaine Classic 'B Section' (3:43.82). Claimed UO's first individual victory in the Penn Relays 5,000m (13:57.64). Indoors, ran a pair of personal bests in the 3,000m, including at the Mountain Pacific Championships where he bested the NCAA provisional standard. Pac-10 All-Academic First Team selection in both track and field and cross country.

2005-06: In indoor track and field, competed once for UO indoors in mile, and did not race outdoors. In fall, posted highest cross country finish on team in season finale, the West Regional (38th).

WOMEN

2007 NCAA
National
Runner-up



2007 NCAA
West Regional
Runner-up



2007 Pac-10
Runner-up



2007 Bill
Dellinger
Invitational
Champions



2007 All-Americans
Nicole Blood
Alexandra
Kosinski



2007 NCAA
West Regional
Runner-up
Nicole Blood



2007 Bill
Dellinger
Invitational
Champion
Nicole Blood



2007 Pac-10
Newcomer
of the Year
Alexandra
Kosinski

MEN

2007 NCAA
National
Champions



2007 NCAA
West Regional
Champions



2007 Pac-10
Champions



2007 Bill
Dellinger
Invitational
Champions



2007 Pac-10 and
National Coach
of the Year
Vin Lananna



2007 All-Americans
Kenny Klotz
Daniel Mercado
Diego Mercado

Shadrack
Kiptoo-Biwott
Galen Rupp



2007 NCAA
West Regional
Champion
Galen Rupp



2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



All-American
2008 800 Meters
2008 U.S. Olympic Trials
Silver Medalist (800 Meters)
2008 Olympian

2004-05: USA Junior Championships Competitor (5,000m). Outdoors, ran five races in span of 2 1/2 months, and clocked his season bests in his debuts in the 3,000m, steeplechase and 5,000m. Capped year with appearance in USA Junior Championships (5,000m, 12th, 14:51.77).

Prep: Competed in 3,000m in Oregon 4A state track meet as senior (third, 8:30.11), junior (sixth, 8:33.81) and sophomore (14th, 9:09.41). In regular season state 3,000m rankings, ranked top-six as senior (third, 8:30.11) and junior (sixth, 8:33.81). Competed in state cross country finale all four seasons, and took sixth as senior (15:33) and 14th as junior (16:06). Ran for state cross country champion Central Catholic High School as a senior, and for Grant High School his first three seasons as squad took second (2002), sixth (2001) and 13th (2000). Coached in high school by former UO distance great Alberto Salazar.

Personal: Business administration major.

Andrew Wheating

RS-Sophomore
Norwich, Vt. / Kimball Union Academy

Phenomenal 2008 outdoor season saw him win 11 straight races before finishing second by .01 in the finals of the 800 meters at the NCAA Championships (1:45.32). That only served as a prelude to his silver medal run in the final of the 800 meters at the 2008 U.S. Olympic Team Trials, clocking a PR 1:45.03 to become the first Oregon undergraduate to compete in the Olympic Games since Matt Centrowitz in 1976. All-American was the Pac-10 and NCAA West Regional champion in the 800. Became the first native of Vermont to run the mile in under 4:00 when he clocked a 3:58.16 at the Oregon Relays. Time from the Olympic Trials ranks second on UO's 800 list. Also ranks sixth in the 1,500 meters (3:38.60).

2007: All-Pac-10 Second Team (Cross Country). Was one of six All-Pac-10 honorees for UO by finishing 14th in only his second collegiate race, and helped Ducks to repeat as team champions.

2006-07: Pac-10 Scorer (800m)/Regional Qualifier (800m/1,500m). Scored for team champions in Pac-10 Championships 800m debut and in the West Regional 800m. At season's end, led Ducks in 800m (1:50.17). Indoors, ranked top-three on the team in the 800m (second) and mile (third). Valuable member of Mountain Pacific Championships distance medley champions, and part of three relays that ranked top-five in school history and met the NCAA provisional standard. Did not compete in cross country.

Prep: In his first season in track and field in 2006, ranked fourth nationally in 1,500 meters with his personal best from the USA Junior Championships (eighth, 3:54.28) and was also the fastest prep indoors in 2006 in the 5,000m (14:55.28). Ended outdoor season as one of four Duck freshmen that ranked top 10 nationally in 1,500 meters and placed top-10 in the USA Junior Championships. Coached as a prep by well-known distance mentor Jeff Johnson, and focused on soccer previous seasons.

Personal: Sociology major.



Chris Winter

RS-Senior

North Vancouver, B.C. / Handsworth High School

The team's top steeplechaser was a 2008 NCAA Championships qualifier and a point-scorer at the Pac-10 meet (third). Two-time veteran for Canadian World Junior Championships teams in both cross country and track and field. Three-time top-five finisher in the Pac-10 Championships steeplechase. Was honored as an All-West Regional selection in cross country in 2005.

2007: Redshirted in cross country.

2006-07: Pac-10 Scorer/Regional Qualifier (Steeplechase). Contributed key points to UO's Pac-10 Championships track and field team victory with personal best in the steeplechase. Two weeks later, tied his best West Regional finish in Eugene. Indoors, opened season with 3,000m personal best, and two weeks later lowered mile best in Husky Collegiate. In cross country, raced in Duck top-seven in all five of his contests. Competed for third time in his career in the Pac-10 Championships and West Regional. Pac-10 All-Academic Track and Field honorable mention.

2005-06: Pac-10 Scorer (Steeplechase). Closed spring with a personal best in the Pac-10 Championships 3,000m steeplechase (fourth, 8:52.09). In fall, scored in all five cross country races for UO, and ranked second in three of the most critical stops of the season - the West Regional (19th), Pac-10 Championships (23rd) and Pre-NCAA Invitational. Pac-10 All-Academic honorable mention selection in cross country and track and field.

2004-05: World Junior Championships Competitor (Cross Country). Redshirted track and field seasons. During winter season, competed in World Junior Cross Country Championships in France (97th) after he placed seventh in Canadian Junior Cross Country Championships in Toronto. Finished second in Canadian Junior Championships steeplechase (8:54.99) and added third in the Junior Pan-American Games in Windsor, Ontario (8:58.49).

Prep: In March 2004, he competed in the World Cross Country Championships in Brussels, Belgium in the junior men's 8,000m race after he placed sixth in the national junior harrier championships in November 2003 in Toronto (26:46). Ran a steeplechase then-personal best (8:54.94) in a meet in Burnaby, British Columbia on July 1, 2004, and competed two weeks later in the World Junior Championships in Grosseto, Italy (19th, 9:00.58). As a senior, he ranked sixth among all Canadians and tops among juniors nationally. In 2003, he finished third in the World Junior Championships 2,000m steeplechase in Sherbrooke, Canada (5:44.23). Canadian junior national champion in 1,500m steeplechase, 3,000m and 3,000m steeplechase.

Personal: History and business administration double major.

WOMEN

2007 NCAA
National
Runner-up

2007 NCAA
West Regional
Runner-up

2007 Pac-10
Runner-up

2007 Bill
Dellinger
Invitational
Champions

2007 All-Americans
Nicole Blood
Alexandra
Kosinski

2007 NCAA
West Regional
Runner-up
Nicole Blood

2007 Bill
Dellinger
Invitational
Champion
Nicole Blood

2007 Pac-10
Newcomer
of the Year
Alexandra
Kosinski



All-American,
2008 Olympian
Andrew Wheating

MEN

OTHER MEN'S RUNNERS TO WATCH

2007 NCAA
National
Champions



2007 NCAA
West Regional
Champions



2007 Pac-10
Champions



2007 Bill
Dellinger
Invitational
Champions



2007 Pac-10 and
National Coach
of the Year
Vin Lananna



2007 All-Americans
Kenny Klotz
Daniel Mercado
Diego Mercado
Shadrack
Kiptoo-Biwott
Galen Rupp



2007 NCAA
West Regional
Champion
Galen Rupp



2007 Pac-10
Champion
Shadrack
Kiptoo-Biwott



2007 Pac-10
Athlete of the Year
Shadrack
Kiptoo-Biwott



2007 Pac-10
Newcomer
of the Year
A.J. Acosta



David Bondi
RS-Sophomore
Anchorage, Alaska
South High School



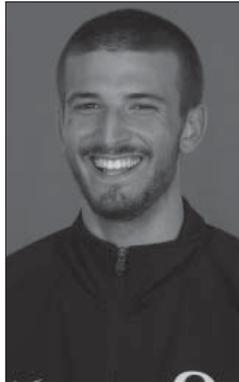
Cameron Carter
RS-Sophomore
Greeley, Colo.
West High School



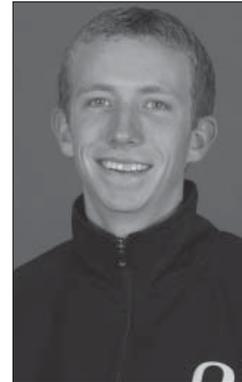
Matthew Cravens
RS-Sophomore
Portland, Ore.
Franklin High School



Vincent D'Onofrio
Senior
Castro Valley, Calif.
Bishop O'Dowd High School /
Sacramento State



Jeremy Liebman
RS-Sophomore
Clackamas, Ore.
Clackamas High School



Kevin McNally
RS-Sophomore
Albuquerque, N.M.
Eldorado High School



Ken Scoggin
RS-Sophomore
Cottage Grove, Ore.
Cottage Grove High School